

Leave a lasting legacy



Support the
Gisborne
Stroke Support
Endowment Fund

Gisborne Stroke Support

assists stroke survivors, their families, whānau, friends and carers throughout their stroke journey. They provide rehabilitation, social support programs and information for stroke survivors throughout the Tairawhiti Region.



Know the signs of stroke.

Think FAST.

Face drooping,
Arm weakness,
Speech difficulty,
Time to call 111.

Although having a stroke can be overwhelming for those affected, many go on to live a normal life. Gains can happen quickly or over time. The most rapid recovery usually occurs during the first three to four months after a stroke, but some stroke survivors continue to recover well into the first and second year post-stroke recovery.

Gisborne Stroke Support believes the survivor's circle of support is core to their recovery. They provide programmes and assistance to the stroke community for free, working closely with the healthcare community to ensure stroke survivors are receiving the professional care they need.

Any donation you make will be invested, protected and grown each year in line with inflation. The surplus investment income will be granted back to **Gisborne Stroke Support** every year, meaning your donation will keep supporting them forever.



If you would like more information on how you can make a difference for **Gisborne Stroke Support** call Glenda at the Sunrise Foundation on 06 867 7939 or glenda@sunrisefoundation.org.nz.

www.sunrisefoundation.org.nz

To find out more about Gisborne Stroke Support go to www.gisbornestrokesupport.org.nz



What does the Sunrise Foundation do?

- We raise funds from donations and legacies
- We invest funds for the long term
- We use the income to provide grants for charities and organisations in the Gisborne District

Sunrise is a simple and lasting way to support local charities, organisations and causes that are important to you. You can support causes that are close to home and close to your heart.

As a community endowment foundation, Sunrise is all about capital preservation, all donations are invested, protected and grown to keep up with inflation. The surplus investment income is granted to needy causes throughout the Gisborne District.

Sunrise is an organisation for local people to give for local needs, to help build a strong future for Gisborne/Tairawhiti forever.



Who runs Sunrise?

Sunrise has a volunteer board of nine trustees who provide a robust governance and succession model. The trustees are a group of respected and trusted individuals from within the local community.

The trustees support the executive officer and the Investments and Grants Committees. The committees include both trustees and local expert volunteers.

Donating to the Gisborne Stroke Support Endowment Fund at Sunrise

You can gift donations of any size, every little bit helps, and all donations qualify for a tax rebate of 33.3% up the limit of your taxable income. Donate now by

- Credit card or internet banking on our website's Donate Now page
- By direct credit as a one-off donation or set up a regular automatic payment

Sunrise Foundation Trust Account 02 0644 0217280 01

Please contact us if you would like a receipt for your tax claim. Let us know if this is a regular payment and we will send you a receipt at the end of the financial year. Don't forget to let us know your donation is for the Gisborne Stroke Support Endowment Fund.

Leave a legacy in your will

You may consider leaving a percentage of your estate, or a specified sum, to the Gisborne Stroke Support Endowment Fund, confident in the knowledge your bequest will be an enduring legacy for organisation.