



## Helping men navigate life's challenges

Tauawhi Men's Centre has recently seeded an endowment fund with Sunrise, becoming our 51st special interest fund. Tauawhi Men's Centre offers a safe space for men to receive support for family violence, addictions, and other issues.

However, like many small organisations, the Tauawhi Trust wants to ensure long-term financial security and sees an endowment fund with Sunrise as a great way to improve sustainability.

"We're delighted Tauawhi has chosen to seed a fund. We've supported them in several projects over the years and believe their mahi has a far-reaching positive impact in our community," says Glenda Stokes, Sunrise Executive Officer.

The experienced team at Tauawhi offer tailored programmes and counselling services, ensuring individuals receive the guidance and support they need to navigate life's challenges. They have a vision of 'creating a community of caring men,' and from within Tauawhi, this means the men who enter are 'embraced' with manaakitanga and introduced to an environment where they can begin and continue their change journey.

"We look forward to the ongoing partnership with Sunrise, allowing us to continue providing support to the men and whanau of Te Tairāwhiti," says Tim Marshall, Tauawhi Kaihoutu/Co-Ordinator.

Tim says they are working towards a holistic response in meeting the men's needs through innovative peer support and community outreach. Tauawhi Whare Ahuru, a timeout space for men who are struggling to maintain a violence-free lifestyle, was opened late last year as part of their outreach services.

"It takes a different approach to addressing family harm. If it's the man who is being unsafe towards his family, it makes more sense for him to come away so that his whānau can stay where they are," says Tim.

Any donation made to Tauawhi Men's Centre Endowment Fund will support them both now and for years to come.



Tauawhi Men's Centre opened Tauawhi Whare Ahuru last year as part of their outreach services for men who are struggling to maintain a violence-free lifestyle.

## Sunrise Snapshots

### Family Works Tairāwhiti

Family Works Tairāwhiti specialise in working with tamariki (children) and whanau (families) in need of their support. Their \$3000 grant from Sunrise's General fund will be used to provide anger management programmes for youth aged 12-18 years.

### Ongoing support appreciated

A heartfelt thank you to Business Applications for the continued support and outstanding service you provide for us. Thanks to funders and sponsors such as yourselves, we can focus on what we love doing – granting to our community. And congratulations to The Gisborne Herald, another valued Sunrise supporter, who will celebrate their 150th birthday this year – an incredible achievement.



### It's that time of year again

If you donate to one of our 51 endowment funds before 31 March 2024 you will qualify for an immediate 33.3% tax benefit. Visit our website to read more about the funds available and to make your donation.

**Give back and get back**



[www.sunrisefoundation.org.nz](http://www.sunrisefoundation.org.nz)

Donate before 31 March 2024 and qualify for an immediate **33.3%** tax benefit





## Leave a lasting legacy

### What does Sunrise do?

- We raise funds from donations and legacies
- We invest funds retaining the capital and generating income
- We use income from investments to provide grants for local charities and organisations

## Words from Glenda



After a turbulent and extremely challenging 2023, we are hoping for a much more settled 2024. Later this year we're looking forward to celebrating our 10th birthday and have some exciting things planned – watch this space! We've

achieved so much over the past 10 years, having gifted more than \$1.3 million to the community, all thanks to the generosity of donors. Almost 130 different community groups or organisations with a charitable purpose have received grants from us since 2014 and we look forward to supporting many more worthy causes.

Tauawhi Men's Centre have joined our Sunrise whanau, seeding an endowment fund with us and becoming our 51st special interest fund. We are delighted to partner with Tauawhi who provide a wonderful service in our community, supporting men on their life journey.

Grant recipients from our last annual funding round are starting to give us feedback about how they've used their grants. Follow us on Facebook to be the first to hear how your donations have helped our community. Also, if you would like to receive our quarterly newsletter online, please email [lynda@sunrisefoundation.org.nz](mailto:lynda@sunrisefoundation.org.nz) and she will add you to our database. Be assured, we won't use your email for any other purpose than emailing the newsletter.

If you'd like your charitable giving to have a bigger impact, Sunrise is the right charity for you. A donation made today is invested in perpetuity (forever) and grown for the future, ensuring we can gift grants from the investment income to your local charities forever. You can read more about the perpetual endowment model we operate on the back page of this newsletter or otherwise you can always email me – I'm happy to answer any questions. Any donation made before 31 March 2024 will qualify for an immediate 33.3% tax benefit.

Glenda Stokes  
EXECUTIVE OFFICER

## A helping hand after Cyclone Gabrielle

A grant from the Hearing Assistance fund held with Sunrise enabled a retired local pensioner to replace both of his hearing aids lost in Cyclone Gabrielle.

The gentleman, who would like to remain anonymous, lost everything he owned during the cyclone and without his hearing aids it became difficult for him to communicate with others. Understandably, this caused him a lot of anxiety and coping with daily life became more challenging. How to proceed in replacing his possessions became overwhelming and even daily activities such as watching TV became something he was no longer able to enjoy.

Receiving a grant from Sunrise's Hearing Assistance fund to replace both hearing aids helped alleviate a small part of the stress he was dealing with. Being able to hear again and converse with others meant he could then begin rebuilding his life in the aftermath of Cyclone Gabrielle.

The Hearing Assistance fund was established after the Gisborne Hearing Association closed in 2016 after nearly 70 years advocating for and assisting those with hearing impairments. The residual funds were used to seed the endowment fund with Sunrise to ensure those with hearing impairments in Tairāwhiti will be supported forever.

Individuals who are hearing impaired and organisations that are involved in education or projects which help hearing impaired people, can apply for financial assistance from the Hearing Assistance fund throughout the year. For individuals, a maximum of \$1000 per ear is available for successful applicants. To learn more, please visit our website for the funding policy and application form.





## Valuable life skills taught through chess

When the Kaiti Kings Chess Club rangatahi (youth) gather each Thursday evening at Ilminster Intermediate hall, you could hear a pin drop as players concentrate on their next strategic chess move against their opponent.

Kaiti Kings Chess Club was founded in 2014 by the late Tuta Ngarimu who recognised that chess could be a vehicle to help rangatahi and adults work through their problems. In 2015 Noble Keelan and his whanau took over the running of the club and continue to do so today.

“Our club is a safe space where anyone is welcome – it doesn’t matter what colour or how old they are,” says Noble. “We give them a kai (food) and if I see a need I’ll give them some sort of korero (talk), relating it back to chess. In chess, like life, there are choices – they need to decide their best option.”

Through the game of chess Noble says club members are learning many important skills such as critical thinking, problem solving, perseverance and patience which all have a positive impact on their lives. They encourage rangatahi who attend to step up and be the best they can be, at whatever it is, as long as that ‘thing’ is positive.

A \$5000 grant from Sunrise will enable the club to update their uniforms which members wear when they travel to various tournaments throughout the year and purchase 15 new chess sets to replace the well-used, dated sets they currently have.

“Thank you so much for the grant. The kids will feel so proud in their uniforms when we go away to tournaments and having the new chess sets looks so good if any new members want to join us,” says Noble.



*Kaiti Kings Chess Club members battle it out every Thursday night at Ilminster Intermediate Hall.*

## Supporting at-risk tamariki and their whanau

Barnardos Gisborne was delighted to receive a \$10,000 grant, enabling their social workers to support at-risk tamariki, rangatahi and their whanau who have been affected by suicide.

Chris Semmens, Barnardos Gisborne Service Manager, says the grant has contributed towards their social workers’ salaries who facilitate their home-based LEAP support group programme, predominantly working with whanau of youth who have suicidal ideations.

“There’s a lot of support for youth having (suicidal) ideations but no support for the whanau supporting the youth – by way of knowing what to say, when to say it and how to react to certain behaviours,” says Chris. “That’s what we provide with LEAP.”

LEAP services work closely with families to identify their challenges and aim to strengthen whanau-child relationships. Although the programme is primarily government funded it falls short of covering the full cost to deliver the service.

Through the LEAP programme social workers also work closely with tamariki and whanau facing a multitude of other challenges such as poverty, family violence, alcohol or drug abuse, emotional abuse or neglect and mental health issues.

“Some of the tamariki and whanau we work with weren’t having their basic needs met even before the Cyclone, so our social workers are there supporting them through these ongoing challenges,” says Chris. “We’re so grateful for the funding support so we can keep reaching out and helping whanau who need us.”

Barnardos Gisborne was awarded their grant through Sunrise on behalf of The Tindall Foundation (TTF). We are proud to be the local funding manager for TTF, trusted to award grants locally on their behalf.



*Amanda Taylor and Avon Moleta (LEAP social workers) and, Chris Semmens, (Barnardos Gisborne Service Manager) were delighted to receive a grant from Sunrise.*

## Wonderful Christmas surprise

The good folks at Gisborne Craigs Investment Partners have done it again! Craigs selected one of the special interest funds at Sunrise to support with a generous donation in lieu of Christmas gifts to their clients.

Rob Dymock, Sunrise Foundation Chair says Alzheimer's Gisborne-Tairāwhiti were selected by our local Craigs branch as the deserved recipient. Alzheimer's provide support in a multitude of ways to many vulnerable members in our community and their families who rely on them.

"With the constant pressure to raise additional operational funds so they can provide their essential services, it was particularly appreciated that Craigs nominated them," says Rob. "And of course, thank you to Craigs. It's wonderful to see corporates being thoughtful about how they can support their own communities."

Tracey Robinson, Alzheimer's Gisborne-Tairāwhiti Manager says, "As our fund grows, we'll be able to support more people who need us. With so many other deserving groups who have funds with Sunrise facing similar challenges, we're honoured Craigs chose us."



Tracy Robinson, Alzheimer's Gisborne-Tairāwhiti Manager, (right) with Rob Dymock, Sunrise Foundation Chair.

## They arrived as strangers, but left as whanau

Every year fourteen local Year 12 students (called a 'watch') are chosen in partnership with Tairāwhiti secondary schools to attend the life-changing 21-day Outward Bound course at Anakiwa, Marlborough Sounds.

This wouldn't be possible without the support of Sunrise donors John and Diane Logan, Self-Storage Gisborne and Clark Charitable Trust who are committed to supporting local rangatahi (youth) to attend the renowned course each year.

The latest watch of students was selected from Lytton High School, Tolaga Bay Area School, Ngata Memorial College, Te Waha O Rerekohu Area School, Gisborne Girls High School, Te Kura Kaupapa Māori o Kawakawa mai Tawhiti, Te Kura Kaupapa Māori o Te Waiū o Ngāti Porou and Gisborne Boys High School.

Student feedback was overwhelmingly positive, with many proud of how far they were able to push themselves both physically and mentally.



Lynda and Janine from Sunrise joined with other supporters to celebrate the successful completion of the Outward Bound course by the latest 'watch' of students from our region.

## Ways to give

### Donate now

Sunrise welcomes donations of any size. Your donation can be added to the General Fund or one of our special interest funds, the choice is yours.

Donate now and see your donation working for our community throughout your lifetime.

You can donate by credit card, internet banking or automatic payment.

### Leave a legacy in your will

When making a will many people want to give something back to their community, or leave a bequest to their favourite charitable cause. It's a common misconception that only wealthy people leave money to charity when they pass away.

Gifts in wills, or bequests, are not just made by the rich and famous. The reality is most bequests are made by ordinary, hardworking people who want to make a positive difference in their community and to other people's lives.

After providing for family you may consider leaving a percentage of your estate to Sunrise knowing it will keep on giving to our community forever.

### Workplace Giving

Sunrise Workplace Giving is an easy way for companies to help their employees give back to our local community with regular donations through their payroll system.

Many people don't have a lot of spare money and a little bit every week or month is a realistic way they can donate.

Donors can give as little as \$5 per week, the cost of a cup of coffee.

It is an easy way for people to donate a little, often, with the added bonus of an immediate tax benefit.



## Helping those less fortunate through Workplace Giving

A huge thank you to the team at BDO for their ongoing support of our community. The simple inclusion of a Sunrise workplace giving flyer in induction packs for new staff means they are giving employees the option to support causes close to home, and close to their hearts.

When Franklin Borgia and Reshmi Harideo moved to Gisborne with their families to join the team at BDO, they each received an induction pack. Included inside was information about Sunrise and the positive impact we've had in Tairāwhiti, prompting them to become Sunrise donors through workplace giving.

Franklin chose to support St Mary's School with his fortnightly donation as that is where his boys go to school, and Reshmi opted to support the General fund, confident that Sunrise would grant to those in our community with the greatest need.

"There was no pressure on me to contribute, but after reading about Sunrise I wanted to be a part of something that does so much for the community," says Reshmi. "I'm fond of helping people and feel happy knowing someone less fortunate has benefitted from my contribution."

BDO set up Workplace Giving through their payroll system so any of their staff who want to support Sunrise can automatically donate every pay day, with the option of which fund they would like to support.

"I don't even notice the amount deducted from my pay. I'd definitely encourage others to do it too. It's my own small way to support the school my boys go to," says Franklin.

If your business would like to offer workplace giving as an option for employees, please get in touch as we're more than happy to answer any questions.



*Reshmi Harideo, Janine McDiarmid (Sunrise) and Franklin Borgia all donate to Sunrise through Workplace Giving and agree they don't even notice the small amount deducted each fortnight.*

## Hip, hip, hooray!! Sunshine Service celebrates their 40th birthday

Early this year Sunshine Service will celebrate a milestone birthday after 40 years on the road. Many of Gisborne's elderly and disabled rely on their services for transport to medical, recreational, and social appointments.

"It's mind boggling to think how many clients we've supported since our first vehicle hit the road 40 years ago, and how many hours people have volunteered over the years to keep our operation running," says David Dewar, Sunshine Service Manager.

A smaller purpose-built vehicle designed for individual pickups such as transporting clients to medical appointments was added to their fleet of four vans last April. David says the new vehicle has been an excellent addition as it's easy to manoeuvre and has the capability to lower, making it wheelchair accessible if required and easy to load walkers in the back.

Aside from funding, one of their biggest challenges over the years has been recruiting new volunteer drivers and assistants. An innovative idea, which Eastland Port has come on board with, has been to approach local businesses for support, asking for a short time commitment each week.

"We'd love to see other local businesses offering a few hours to drive too. However much time they can offer – it's a great way to be involved in the community, helping those who need it," says David.

In 2019 Sunshine Bus Service established an endowment fund with Sunrise to provide clients and their families a place to 'give

back', safe in the knowledge of where their donation will go. If you want to actively support their Sunrise endowment fund, please contact us.



*Matariki Wharepapa, Mananui Brown, and Penelope Patene appreciate being picked up from their weekly session at Kiwa pools in the smaller Sunshine Service vehicle by volunteer driver Daniel O'Riley.*

## Leave a lasting legacy

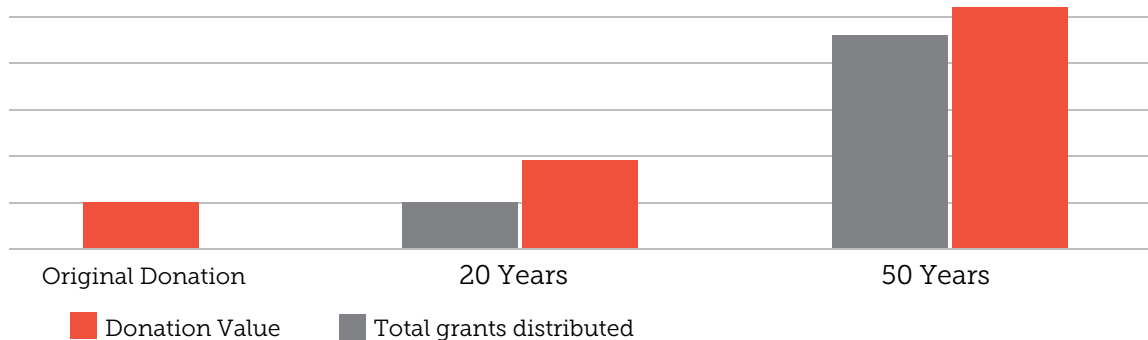
The Sunrise Foundation is a simple and lasting way to support local charities, organisations and causes that are important to you.

You can choose to donate to Sunrise's General Fund or your favourite charity or cause through a special interest fund. You can support causes that are close to home and close to your heart.

Sunrise is an organisation for local people to give for local needs, to help build a strong future for Tairāwhiti-Gisborne forever.

## Make your charitable giving have a bigger impact

All donations and bequests to Sunrise are invested in endowment funds in perpetuity (forever). Every year some of the investment income is retained to ensure your gift grows in line with inflation. The balance of the income from investments is distributed to worthy causes throughout the Tairāwhiti-Gisborne District each and every year forever.



Based on 7% annual return on investment and distributing half of that return each year in grants

Over 20 years your donation will double in size and grants to the value of your original donation will have been granted to worthy causes. Over 50 years your donation and the total grants to our community will be 5 times more than your original donation.

## 99% of your donation works for our community

As a community foundation Sunrise can only retain a maximum of 1% of endowment value each year to cover operating costs. Until we grow endowments to where we are self-sufficient we are fortunate to have the generous support of our funders Trust Tairāwhiti and Clark Charitable Trust; Platinum sponsors Bayleys Gisborne and Larsen Sawmilling, and Gold sponsors Self-Storage Gisborne, Architects 44 and The Gisborne Herald; and numerous organisations and volunteers that have helped us along the way.

We appreciate the immense support we receive from so many as we strive to build a powerful taonga (treasure) for our community for generations to come.

If you or your organisation would like to help us on our journey by providing sponsorship, practical assistance or volunteer time please get in touch.



## Who runs Sunrise?

We have a volunteer board of nine trustees who provide a robust governance and succession model. The trustees are a group of respected and trusted individuals from within our local community.

Our trustees are Rob Dymock (Chair), Richard Briant, David Clark, Alice Pettigrew, Joe Martin, Reweti Ropiha, Whaimutu Dewes, Mike Torrie and Leslyne Jackson.