

## Fund to help dialysis patients

**An endowment fund has been established to help with the future care of dialysis patients in Tairāwhiti-Gisborne.**

There are many causes of kidney disease, high blood pressure and diabetes being the most common. Uncontrolled diabetes negatively affects quality of life and can be fatal. With the increase of diabetes on the East Coast kidney disease and dialysis treatment are on the rise.

Prior to the opening of the Dialysis Unit at Gisborne Hospital many local dialysis patients were required to spend extended time in Waikato Hospital receiving treatment. Dialysis can cause patients anxiety and depression in relation to their illness, on top of that travelling to Waikato for treatment can cause extra angst and unnecessary worry.

Hauora Tairāwhiti opened the unit in 2012 and provides the essential equipment required to run the service, which is vital to dialysis patients that cannot administer their dialysis at home.

Sandy Hay, Hauora Tairāwhiti Renal Clinical Nurse Specialist, says the health dollar is tight across the country. "Hauora Tairāwhiti does a very good job with the funding they have. The Dialysis Unit has all the basic resources required to run efficiently, but

there are some things they just can't afford to fund."

Lynn Mackie, Hauora Tairāwhiti Registered Nurse Outpatients, says "the Cancer Society offers incredible support for oncology patients and we would like to be able to offer similar services to dialysis patients. The harsh reality is most patients will be on dialysis for the rest of their lives. We would like to be able to make it as enjoyable as possible."

Sandy believes dialysis patients are tenacious. She says "they come in and get on with it. Many of them also volunteer in the community and are helping to grow the Dialysis Tairāwhiti Endowment Fund for future patients."

The Dialysis Tairāwhiti Fund is growing steadily through fundraising, anonymous donations and people giving small amounts regularly by automatic payment.

Gisborne District Council do a gold coin collection for dress down day which they donate to a named charity each year, last year they chose to donate to the Dialysis Unit and this was added to the fund.



*Dialysis Tairāwhiti's small army of dedicated fundraisers is made up of staff, nurses, patients and members of Gisborne Host Lions Club. Some of them pictured here are (l-r) Gilbert Go, Kathy Bunyan, Maree Young, Sandy Hay, Mazelle Go, Lynn Mackey, Meril Findson (seated), Cilla Britt-Montaperto and Shelagh West.*

## News in brief

### **New building for hospice**

Hospice Tairāwhiti are fundraising for a new hospice building which will allow them to offer additional services to clients, such as day programmes and complementary therapies. They are putting the two Sunrise grants they received from the named funds of Gavin McFarlane and Rosemary Johnson towards the building project. We're sure Gavin and Rosemary would be chuffed their legacy is helping to build this important community resource.

### **Water safety for our young ones**

Swim For Life Tairāwhiti delivers swim and survival education to students from Manutuke to Hicks Bay. Programmes are targeted at low decile schools where parents are often unable to support extra-curricular activities such as swimming. This year they will help 3,200 kids become safer in the water, as well as introducing a pilot programme for beach education and healthy rivers and seas. They set up their fund at Sunrise to help their ongoing fundraising efforts as they teach kids to swim now. The great thing is it will also continue to support water safety education in the future.

### **Autumn at Eastwoodhill**

Eastwoodhill Arboretum was one of the first endowment funds established at Sunrise. Every year they automatically receive a grant from their fund to help with operating costs. Autumn is the perfect time to visit and now you can enjoy a cuppa and scone at the Homestead Tea House, one of the new projects they established last year.

### **Hearing assistance available**

When the Gisborne Hearing Association closed they established the Hearing Assistance Fund at Sunrise with residue funds, ensuring those with hearing impairments will be supported forever. Applications for grants are now open until 3 March. Information on how and when to apply, including the application form and funding policy, are available on our website. There are four funding rounds per annum, where individuals who are hearing impaired and organisations that are involved in education or projects which help hearing impaired people, can apply for financial assistance.



## Leave a lasting legacy

### What does Sunrise do?

- We raise funds from donations and legacies
- We invest funds retaining the capital and generating income
- We use income from investments to provide grants for local charities and organisations

## A few words from Glenda



I started my introduction to our spring newsletter with the exciting news that our endowments had just cracked the \$2 million mark and so it's incredible to think that in the past six months they've grown to nearly twice that amount. It is stunning how quickly our generous community has taken to Sunrise and the community endowment model we operate.

While the community foundation concept is not new by world standards it is relatively recent in New Zealand. Sunrise was founded in October 2014 and in that short time our endowment funds have grown to \$3.75 million – all donated by generous local people. Thank you to everyone that has helped so far.

We're starting to get feedback from the charities and community organisations that received grants in our fourth funding round in November 2018. We distributed 45 grants worth nearly \$80,000, bringing the total amount we've granted in our first four years to \$188,000.

It is encouraging that we have been able to help so many great causes so early in our establishment and it's all down to the incredible generosity of our donors.

I am in awe of the great work that so many do in our community. We are lucky enough to hear about many of you through our funding application process and we also work closely with the charities that have special interest funds at Sunrise.

I take my hat off to the small army that fundraise for Dialysis Tairāwhiti. They work tirelessly to fundraise for dialysis equipment over and above that supplied by the district health board and to build their fund at Sunrise.

Dialysis patients are tenacious, they spend hours in treatment every week, and many of them also volunteer in the community and are helping to grow the Dialysis Tairāwhiti Endowment Fund for future patients.

I hope you enjoy this newsletter, there's only so much we can fit in, so if you'd like to read these stories in full and all our other news please visit our website.

**Glenda Stokes**  
EXECUTIVE OFFICER

## Sunrise grant helps Wainui

**Wainui Surf Life Saving Club used their grant from Sunrise to help cover the salary of Communications Officer, Tess McCormick. Tess started the role in April 2018, the first paid administration role in over 8 years.**

Andrew Putnam, Wainui SLSC Chair, says the creation of the role has already shown it's worth in the short time Tess has been in there.

"It's certainly paid off, we've seen memberships increase by 70 percent and we won a new IRB in the BP Vote the Boat Competition."

Vandals broke into Wainui's IRB shed in 2016, stole two of their engines and damaged a third beyond repair. With insurance only covering the cost of one complete engine, the club has struggled to get enough IRBs to patrol their large chunk of coastline. Andrew believes Tess's prior work in the media was a key factor to them winning against stiff competition from surf clubs around the country.

Andrew added that "fundraising is always a challenge, especially as we are now required to install accessible access to the club. On top of losing our IRB engines, this cost of compliance is really tough for a small club such as ours."

"We are very grateful for the grant from Sunrise, as Tess's role is only partly funded by other external sources, and having her has helped us immensely."



Andrew Putnam, WSLSC Chair, pictured with new Communications Officer Tess McCormick, is grateful for their grant from Sunrise, which has helped immensely as they face rising compliance costs.

## Gisborne Rowing sees double

Colin and Diane Christie are big supporters of Gisborne Rowing Club as their youngest daughter Emma rowed with them in her teenage years. Rowing is a sport that requires determination and fitness and they say Emma not only enjoyed the physical aspect of the rowing, but also the discipline of the sport. She is still rowing today on Lake Hayes from her home in Arrowtown.

Gisborne Rowing Club was established in 1874 and is the only club in the Gisborne area providing coaching and support for rowers of all ages and abilities. The majority of the club are young people aged between 13 and 22, they travel away to club and school regattas around New Zealand every year.

Colin remembers Emma's trips away fondly, and says a highlight was a single sculls race at Karapiro where she came a distant second behind Caroline Evers-Swindell who went on to become a double Olympic gold medallist. "Training on our twisting Waimata river is fairly difficult, and I think that's why we turn out some pretty good rowers."

Colin and Diane established the Gisborne Rowing Club Endowment Fund at Sunrise in 2015 and are regular donors to the fund. Diane says they want to support a sport that has done so much for their daughter and would like to see the fund grow to become a much-needed regular source of income for the club.

"We know from experience that it's a huge job for the rowing club every year fundraising to meet travel costs to regattas, as well as the cost of repairing boats and equipment. We would like to encourage and help other young people in Gisborne get into rowing."

This year they have decided to do something a little bit different with their donation and have offered to match any donations made by others, dollar for dollar.

So, if you'd like to support Gisborne Rowing, now is the time. Donate to their fund before 31 March 2019 and Colin and Diane will match your donation (up to \$3000).

Double bang for your buck – how awesome is that!

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*Colin and Diane Christie are hoping supporters of Gisborne Rowing Club will help to grow their fund at Sunrise by generously offering to match any donations made before 31 March 2019 dollar for dollar.*



## Look how far we've come



**\$3.75m**

Funds invested



**\$3.5m**

promise in wills



**\$188.000**

granted to our community



**1.25**

full time staff  
supported by 11 Volunteers

## Family fund will help arts, music and environmental causes

Peter and Bronwen Holdsworth founded Pultron Composites Ltd in 1983 which, through a focus on innovation and international competitiveness, became a world leading industrial technology manufacturing company with factories in Gisborne and Dubai.

Renowned as an innovative engineer and inventor, Peter began experimenting with pultrusion technology in his shed in Te Karaka in 1981 while looking for a lighter, stronger alternative for wind turbine blades. He applied the technology to electric fence posts and clips, transforming the New Zealand fencing market and breaking into the global market.

Further innovation saw Peter's pultrusion technology used for sail battens, optic fibre cables, mining rockbolts, ladder rails, snowmobile tracks, and pontoons - to name but a few of the many products. Pultron was also the development partner and exclusive supplier to high-tensile springs for the 'SpringFree' trampoline, a revolutionary design which eliminated 80 percent of trampoline accidents, becoming an international success.

Dame Bronwen was educated in Wellington at Samuel Marsden College (where in 2007 she was the inaugural laureate in the Marsden Hall of Fame) and at Victoria University. In 1966 she joined the Ministry of Foreign Affairs and was posted to Kuala Lumpur, Malaysia. In 1970 she married Peter and moved to Gisborne. They have four children, all highly educated, who live and work around the world.

She was MORE Business Woman of the Year in 1988; was awarded a NZ Commemoration Medal in 1990; an ONZM in 1997; a Gisborne Millennium Medal in 2000; and was made a Dame Companion of the New Zealand Order of Merit in June 2015 Queen's Birthday Honours for her contribution to the arts, business and the community.

A long-time supporter and advocate of the arts, Dame Bronwen helped establish the Arts Fund at Sunrise. A musician herself, she believes creativity is an integral part of every aspect of our lives - through all stages of education, culture and technology.

Bronwen believes "vibrancy and diversity of the arts is a vital component in enhancing the cultural, social and economic life of our community".

Bronwen and Peter have also established the Dame Bronwen and Dr Peter Holdsworth Family Endowment Fund. It is invested in perpetuity, every year some of the investment income will be retained to protect it from inflation and future investment market fluctuations. The surplus income will be granted to local causes of their choosing in the fields of the arts, music, and environment.



*Every year the surplus income from the Dame Bronwen and Dr Peter Holdsworth Family Endowment Fund will be granted to local causes of their choosing in the fields of the arts, music and environment.*

**A named endowment fund will be established when your donations total \$50,000 or more, you can choose:-**

- To have the fund in your name, your family name or any name of your choice.
- Which charities or causes will receive distributions from the income from your fund.
- To receive annual reports on earnings and distributions from your named endowment fund.

## Local nest egg for community law centre

**The Tairawhiti Community Law Centre (TCLC) has been providing access to justice for people who cannot afford it since 2000.**

Community law centres are funded by the Ministry of Justice to provide access to justice and free community legal services. For nine years up until early 2018 there was no increase in government funding, while costs continued to rise.

As their financial situation became increasingly difficult TCLC had to make tough decisions, including suspending some outreach programmes up the coast, their goal is to provide regular ongoing services to the East Coast.

Ruth Quilter, TCLC Chairperson, says "things were very tough, so much so that some feared the closure of the centre."

"As funding restraints became critical we were forced to consider alternative funding avenues. The board saw a fund at Sunrise as a way to assist with our fundraising efforts and help secure long term financial sustainability for the vital community service."

Although a long overdue increase of government funding for community law centres was announced in early 2018, the board remain committed to growing their endowment fund as a way of having some form of sustainable funding that is not reliant on government funding.

Ruth added that "the increase in funding was a welcome respite from the ongoing challenge of finding enough funding to keep the doors open. But we know from experience that governments and funding come and go, the board hopes our fund will help to give financial security to the centre in the long run."

The increase in funding has allowed them to address some operational shortfalls and they can now work on growing their services. A senior supervising lawyer was recently commissioned to provide Notary Public services, this is a unique service not available anywhere else in Tairāwhiti-Gisborne.

Gillian Creach, TCLC General Manager, a regular donor to the TCLC fund, likes that she is helping to build "a local nest egg and valuable resource for the community".

Gillian donates a small amount every week through workplace giving. Every pay day \$15 is automatically deducted from her wages and sent to Sunrise. Because \$5 of that is an automatic tax rebate, she is only actually out of pocket \$10 per week.

Gillian says she does it because she sees it as a valuable thing to do and likes that her little drops help make the bucketful bigger. "My workplace giving is only the cost of a couple of coffees a week, but it has added up, I've donated nearly \$1500 over the past three years."

Gillian is one of four people donating to the TCLC fund regularly through workplace giving. Along with several small donations from TCLC Trust their regular donations have seen the fund grow to nearly \$8,500, which shows that giving a small amount regularly really does make a difference.

Ruth added that perpetuity and accountability were key factors in the Board's decision to establish the fund.

"Endowments are invested for the long term in managed funds and Sunrise only retains 1% each year to cover administrative costs. We don't have to be concerned with how much of our fund is being syphoned off for other things, it is really transparent."



Ruth Quilter and Gillian Creach from Tairawhiti Community Law Centre hope their Sunrise fund will help to secure long term financial sustainability for the vital community service.

**Give  
and  
get back**

Donate before  
31 March 2018  
and qualify for a

**33.3%**  
tax benefit

## Leave a lasting legacy

The Sunrise Foundation is a simple and lasting way to support local charities, organisations and causes that are important to you.

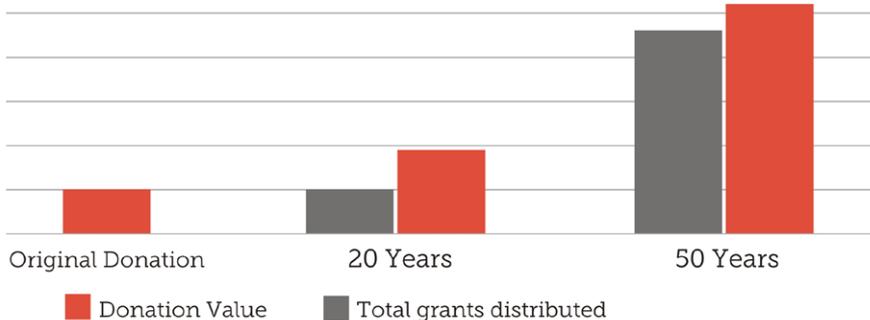
You can choose to donate to Sunrise's General Fund or your favourite charity or cause through a special interest fund. You can support causes that are close to home and close to your heart.

Sunrise is an organisation for local people to give for local needs, to help build a strong future for Tairāwhiti-Gisborne forever.

## The value of a donation to Sunrise

All donations and bequests to Sunrise are invested in endowment funds in perpetuity (forever). Every year some of the investment income is retained to ensure your gift grows in line with inflation and is protected against investment market fluctuations.

The balance of the income from investments is distributed to worthy causes throughout the Tairāwhiti-Gisborne District each and every year forever.



Based on 7% annual return on investment and distributing half of that return each year in grants

Over 20 years your donation will double in size and grants to the value of your original donation will have been granted to worthy causes. Over 50 years your donation and the total grants to our community will be 5 times more than your original donation.

## Who runs Sunrise?

We have a volunteer board of nine trustees who provide a robust governance and succession model. The trustees are a group of respected and trusted individuals from within our local community.

Our trustees are John Clarke QSO JP (Chair), Lilian Tangaere Baldwin, Richard Briant, Colin Christie FCA, David Clark, June Hall, Dame Bronwen Holdsworth DNZM, Joe Martin and Reweti Ropiha.

The trustees support the executive officer and committees. The Investment Committee consists of Colin Christie (FCA), David Clark and Richard Montgomery (FCA). The Grants Committee is Lilian Tangaere Baldwin, Richard Briant, Colin Christie, David Clark, Rob Dymock and Leslynne Jackson.

Our executive officer Glenda Stokes is passionate about giving back to our community. She is always available if you need advice and assistance on how you'd like to structure your donation or bequest. We know it can be confusing and overwhelming at times and it's important to us that we are certain we understand what your wishes are.

## Ways to give

### Donations during your lifetime

Sunrise welcomes donations of any size. Your donation can be added to the General Fund or one of our special interest funds, the choice is yours. You can donate by creditcard, internet banking, automatic payment or cheque.

### Leave a legacy in your will

When making a will many people want to give something back to their community, or leave a bequest to their favourite charitable cause. It's a common misconception that only wealthy people leave money to charity when they pass away.

Gifts in wills, or bequests, are not just made by the rich and famous. The reality is most bequests are made by ordinary, hardworking people who want to make a positive difference in their community and to other people lives. You may consider leaving a percentage of your estate or a specified sum in your will to Sunrise, knowing it will keep on giving to our community forever.

### Workplace Giving

Sunrise Workplace Giving is an easy way for companies to help their employees give back to our local community with regular donations through their payroll system. Many people don't have a lot of spare money and a little bit every week or month is a realistic way they can donate. Donors can give as little as \$5 per week, the cost of a cup of coffee.

It is an easy way for people to donate a little often, with the added bonus of an immediate tax benefit.

